# 2 February 2012 District 70 Parra Natta

#### Meeting No. 1198



## Tonights Theme: ••Enter the Dragon?•



The Dragon personality- The Dragon is a creature of myth and legend. A symbol of good fortune and sign of intense power, the Oriental Dragon is regarded as a divine beast - the reverse of the malicious monster that Westerners felt necessary to find and slay. In Eastern philosophy, the Dragon is said to be a deliverer of good fortune and a master of authority. Therefore, those people born in Dragon years are to be honored and respected. (From google - Chinese horoscopes)

Getting everyone ready to 'Roar' into Meeting No. 1198 was Christine Pizzuti by roaring at us! Not really, Christine did a very organised job of getting us into our seats for 'Enter the Dragon'.

And enter he did, **Sam Ekinci**, our great Dragon leader did the Opening. Tonight Sam told us that often changes are for the better. He googled 'Enter the Dragon' to find the meaning but mainly saw things about Bruce Lee, he found that everywhere he looked he found stuff on Bruce Lee who starred in the movie 'Enter the Dragon' and it was absolutely brilliant. Sam did his research whilst munching on biscuits with his coffee and found an ad about how to lose 30 kgs in 3 weeks – 'stop eating' – yep that'll work Sam, hope you enjoyed your biscuits.



Could this be Sam in disguise!

Linda Snalam, VPE, dressed in a Chinese robe, flew through a small change in the program. No need for any fire breathing over the changes here tonight!

#### Toastmasters International "Where Leaders are made"

We are always very pleased to welcome our guests and encourage them to come back and see us again and for some to join our Speechcraft Course (for details see our website at <u>www.parramattatm.org.au</u> – Short Courses) and others to join our Toastmasters Club or one nearer to your home.

#### District 70

#### Parramatta Toastmasters

Special thanks to lan Lipski and Elizabeth Wilson for standing in and lending a hand whilst Suben Subenthiram and Suzanne Berkeley were away.

You both worked hard and diligently by taking the

Minutes and Dinner orders, great job – a big thank you from all of us!

# <u>Welcome to our guests for Meeting No. 1198</u> <u>2 February 2012</u>

Sam Kottage – First time visitor
Darshani Gurusinhe – First time visitor and wife of Sam Kottage
Kim Gosper - Past Member of The Hills Toastmasters and third time visitor to our club.
Kim is a member in waiting to Parramatta Toastmasters
Daniel Tucker – Frequent visitor, Member of Concord West Toastmasters, Happy
Hunter's Hill Toastmasters and Western Gourmet Toastmasters
Gabby Ord - Second time visitor to our club (will be commencing our Speechcraft
Program on 7 February 2012)



Come along and enjoy a night at Parramatta Toastmasters. Where you can have a meal, relax and be entertained.

You may even learn something along the way!

## 'Enter the Dragon' - be brave come along to Toastmasters

Lyndal Eager – Chairman 1. Lyndal was dressed in theme with tonight's meeting and wore a lovely white Chinese Jacket. She told us she lives in Glebe Point not far from the Chinese Temple and heard bungers and tom thumbs exploding in honour of the Chinese New Year – something some of us can remember from the old "Bon Fire Nights' of yester-year. The crackers are lit for Chinese New Year to clear away old spirits.

Welcome conducted by Micheal Said. The Dragon has Entered Michael told us and said "here I am!" He welcomed our guests with passion and warmth (just like a dragon) and ended by handing back over to Madame Dragon – Lyndal Eager.



Back to you Madame Dragon!

Cartoons and images in this edition of the Parra Natta are provided via Google by Barbara Beveridge, VPPR.

> If you have any news or an article for the Parra Natta please email Barbara Beveridge, VPPR – vppr@parramattatm.org.au

## 'Enter the Dragon' - be fearless join our Speechcraft course

Don't forget to bring your **Competent Leader's Manual** with you to all meetings; you may have a role that can be signed off on.

Remember to advise us if you can't attend a meeting, call or email the VPE, Linda Snalam - vpe@parramattatm.org.au.

Please read our Club's Minutes go to – http://www.parramattatm.org.au/introducting club.htm.

If you are interested in the Speechcraft Course run by Parramatta Toastmasters Club please go to – http://www.parramattatm.org.au/speechcraft.htm



Be fearless, do a Speechcraft Course!

PLEASE EMAIL OR RING IF YOU CAN'T ATTEND A MEETING!

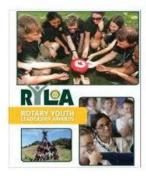
# 'Enter the Dragon' - honesty and integrity are traits of dragons and toastmasters

**Melanie Wilson** engaged us with the Did You Know segment. Melanie told us about astrologers predicting the year of the dragon and what we could expect. They predicted more natural disasters, financial downfall and more crises for Europe and America. She then said "and we need to be an astrologer to predict that!". Too true Melanie, too true. My prediction is that we will have more rain!



Astrologers predict what we don't know - or do they?

**Steven Cox** inspired us with the Inspirational this evening. Steve started off by "Roaring" at us, it was his interpretation of a dragon. He then got onto a more sombre note telling us about RYLA, he was proudly wearing his RYLA tee shirt and displayed it to us. He told us about heroes in his life, one of them being his mum but now finds the Rotary Club and RYLA were also his heroes. He said he bonded with others and has scratched most of the friends he thought he had and put new ones in their place whom he met at RYLA and believes they are real friends. He found great traits in the people at RYLA and inspired anyone under 25 to go along and give it a go.



**RYLA is inspirational** 

**David Pasipanodya** gave the toast to Senior Citizens. He told us how these older people were designers, planners, engineers, labour force workers and mechanics. He said they left a great legacy, gave us their sweat and blood and have provided us with today's luxury and conveniences. David feels deeply when they are mistreated and asked us to not take them for granted.





Thank you Senior Citizens – you deserve to be treated kindly

'Enter the Dragon' - don't be afraid of a dragon you may be sitting next to one! (our own David Griffith, Elaine Aiola and Barbara Beveridge are Dragons - plus there are plenty more out there!)

# Table Topic Session

**Demian Coorey**, our Table Topics Master tonight set up an enthralling theme for us which involved the Chinese Zodiac characters . Demian told us that the Dragon is motivated, powerful, an entrepreneur and would be the first speaker. We were starting up a new country and the 12 Chinese zodiac symbols would debate over who was best suited to run it. Demian told us that the Dragon is motivated, powerful, an entrepreneur and would be the first speaker. Each person would stand up at the table (not on the table!) and tell us why he or she had the qualities to create a new country as leader, everyone has to refute the previous speaker and substitute why they should be leader.

1st Table Topic speaker for the evening was lan Chick as the Dragon.

Ian told us he was a Dragon, he has been involved in RYLA and was outward bound for 20 years running around Asia. He said he was the best and believed Dragons had ambition, drive and can never achieve a total level of satisfaction as they always needed to drive themselves forward, pushing themselves to a greater level. Strength comes through a Dragon and they should lead the country.



Ian Chick as Dragon leader!

#### 2nd Table Topic speaker was Barbara Beveridge as the Monkey.

Barbara said "uh, uh, uh" and got stuck into why the Dragon was not a suitable leader for the country. She told us that a monkey was intelligent and clever and a dragon would either try to light your fire or put your fire out depending on what type of dragon he was, a fire or water dragon. She told us even David Griffith had mentioned at an earlier meeting that a Water Dragon was rubbish! A monkey was the best choice for a leader.



A monkey is intelligent and clever!

# 'Enter the Dragon' - should a Dragon rule a new country? The answer is: 'No way!'

#### 3rd Topic speaker for the evening was Alicia Denis as the Snake.

Alicia launched into her debate saying that the key to a leader is a snake. They like the finer things in life and understand what we need. No way should the Dragon be a leader. A snake is the right choice.



A snake knows what we need! Really?

#### 4th Table Topic speaker was Suben Subenthiran as the Tiger.

A tiger is brave and jumps on everything all the time. Suben told us that a Tiger would be the best leader getting on top of everything, not wasting time and would be a very eager leader. A Dragon would be useless as a leader of a country not getting much done. Tigers are into it.



A tiger jumps on everything!

#### 5th Table Topic speaker was Melanie Wilson as the Rabbit.

Melanie told us that a rabbit was friendly, creative and people need to listen to someone like them as they are nice. A rabbit would click with others and be a great leader. They would be better than an ambitious leader. Pick the rabbit someone who is warm and fuzzy.



I'm not ferocious, I'm warm and friendly!

#### 'Enter the Dragon' - who wants to follow me?

6th Table Topic speaker up was Elaine Aviola as the Rooster.

'Cockle doodle do!' cried Elaine. What a load of cockamamie, you need a rooster to get things done. A rooster has goodness of heart, integrity and is loyal to people. A rooster serves. It's cockamamie that you would want anything else for your leader.



Cockle Doodle Do – I am your leader!

#### 7th Table Topic Speaker was Ron Marriott as the Rat.

Ron relished this role and told us that a rat has imagination, is very witty and knows how to build a bridge. Rat's can deduce what you're thinking. Other animals are not as good as a Rat because a Rat is rather charming and funny. I should be your leader.



Rats are rather charming

and



know how to build bridges (really Ron?)

#### 8thTable Topic Speaker was John Nichols as the Ox.

John said all the others were politicians, snakish, ratish and should be in a cage in a zoo. He said the only one working is the Ox. An Ox is very hard working and always pulls its load. An Ox is the best leader to have!



An Ox always pulls its load



or perhaps move it out of the way eh John?

## 'Enter the Dragon' - let's play who's on fire tonight here we go with more Table Topic speakers who are all on fire!

#### 9th Speaker for Table Topics was Steven Cox as the Dog.

Steven didn't bark at us, he told us that a dog is a man or women's best friend. He said he had great leadership skills that he learnt from RYLA and as such would be great for this job. Other's are not right for this job – I am the leader!



dog is a man or womens best friend (hmm!)

#### 10th Table Topic Speaker was John Taylor as the Horse.

John rode right into this one! A horse is straight has strength and is a worker. He says a horse is happy in leather and will always win. A horse will lead; forget all the others a horse is the right leader.



A horse is happy in leather. It looks a little hung up to me, John!

#### 11th Table Topic Speaker was David King as the Pig.

Now David is not one to be hoggish but he did say that everyone else is rubbish. He said a pig was diligent, compassionate and diligent. Pigs are great entertainers and he should be the leader for all these reasons.





Pigs are great entertainers - not sure if I'd want to be in your shoes David!

## 'Enter the Dragon' - being a Toastmaster can make you soar to great heights

#### 12th Table Topic Speaker was Michael Said as the Sheep.

Now there's nothing sheepish about Michael and he certainly rammed his way into his speech tonight. He said that a ram is intelligent, calm and doesn't need the limelight like a dragon. He said the only thing a dragon would be in his country would be the mascot for the footy team. Michael said he should be the leader because he would balance everyone.



A sheep is intelligent! Oh yeah!!

**Demien Coorey** made little quips whilst introducing the speakers of table topics, here are some of them:

Rabbits should stick to do what they know best! Whoever heard of rats building bridges, self delusional rat! Everyone knows Ox's are great achievers! A dog is everyone's friend but doesn't say anything! If the horse was our ideal leader he'd be happy in leather! Maybe our ideal leader is a follower – the sheep!

**Evaluator** – for the **odd numbered speakers** was **Linda Snalam**. Linda didn't breath out fire during her evaluation. She gave encouragement and points for improvement. Linda always give such warmth in her evaluations of speakers, thank you Linda!

**Gary Wilson** was the evaluator for the **even numbered speakers**. Gary always gives a fantastic evaluation and provides points for speakers to improve themselves. He also told everyone to really listen to what is required of you as a table topic speaker. He is a wise Dragon. Thank you for expertise Gary, it's appreciated!





Learn to really listen to your evaluation to help you be great!

## 'Enter the Dragon' - even a Dragon can be of assistance...

You can help even if you are not a Dragon by:

 Becoming a member of Parramatta RSL Club. This helps our club out and is not just for Toastmasters but for our guests too. Yearly membership is only \$5.50 for one year or \$16.50 for three years. The Club supports us by waiving room hire though CDSE. Members can also enjoy discount on purchases throughout the club and can use their card to attend Castle Hill RSL Club as well! Now that's value for your money!

Send wishes to Toastmasters who are sick



Please think of fellow Toastmasters who have seriously ill family and friends or who have lost a dear one!



Love to everyone who's hurting out there, all of us really do care and are thinking of you!

Get well and come back soon Suzanne Berkeley!

## 'Enter the Dragon' - everyone was on scale tonight!

**Chairman 1 – Lyndal Eager**, spent her Dragon energy throughout her role tonight and handed back over to the Dragon's head to take control. Excellent job Lyndal!



**Chairman 2 – Kirisha Thanapalasuntheram**. Kirisha handled this role with a firm hand but she nearly breathed fire onto some of our unruly Toastmasters this evening. Kirisha kept control by using her lovely warm nature. Just by being her natural self she capably lead us through the Business Session this evening and handled the motion brilliantly.



Well done Kirisha, great job!

**Sergeant of Arms, Christine Pizzuti** confirmed we had a quorum for this evening with 29 active members present.

Linda Snalam, VPE, passed on the apologies for absent members this evening.

Suben Subenthiran, (welcome back Suben) said that the minutes were taken as read for Meeting 1197.

**Sam Ekinci**, President, gave a great thank you to Ian Lipski who took the role of Suben Subenthiran during his absence and to Elizabeth Wilson for all her help whilst Suzanne Berkeley is recovering from a recent operation.



To both Ian Lipski and Elizabeth Wilson for helping out!

## 'Enter the Dragon' Dragon's come from all over the world...

## Híghlíghts:

**Linda Snalam, VPE** told us that we will be having 3 meetings throughout March 2012. One of our meetings will be called 'Across the Ditch' which means the ocean between Australia and New Zealand. Linda advised us that she is a Kiwi from New Zealand to which David Griffith piped up "no!", Linda then explained that she thought she'd lost her accent whilst living in Australia – definitely not Linda, you don't need to worry about that one! Tom Woods then fired back by saying that he thought he was losing his accent! Oh yeah Tom, for sure!



Both Linda Snalam and Tom Woods are prisoners of their accents

Our **Sergeant at Arms, Christine Pizzuti** mentioned the Speechcraft Course will commence on 7 February 2012. Anyone wanting to assist and help out please contact Christine as soon as possible on: <u>saa@parramattatm.org.au</u>.

**Barbara Beveridge** put forward the frivolous motion tonight **"That one meeting every month is run like an opera"**. This motion started a great debate in which Steven Cox stood up to second the motion and sang in operatic style. Michael Said then wanted to amend the motion to **"That one meeting every month is run like a Soap Opera"**. His amendment met with lots of fun answers such as - if Michael wore tights he could reach the high notes! Alicia Denis told us she recently went to an Irish Wake and that's what our meeting would turn out like! Tom Woods said if there was alcohol there than he would like it! Wendy Nielson was for it and said it would improve our voice projections. Kirisha, turning to Sam who was about to speak, that she would not allow any silly answers! Lots of fun and frivolity was had by all and the motion was not voted for, even though Steven Cox sang for us to have a show of hands. Shame really, because I thought it was a fantastic idea!



No opera meetings here!

# 'Enter the Dragon' - great strength was shown by the General Evaluator and Parliamentarian tonight

**Tom Woods** was **General Evaluator**. Tom apologized for arriving late and missing the Sergeant at Arms call to order, but believes Christine Pizzuti would have done a great job. He said that Michael Said was either a drag queen or drag-on as he did the welcome. Melanie Wilson did a great job with astrological predictions for the Did You Know. Steven Cox did an excellent inspiration. David Pasipanodya as Toastmaster gave an engineered and structured toast to our elderly folks. Demian Coorey as Table Topic Master did an excellent job and the debate was well done. Lyndal Eager did a good job as Chairman 1, Lyndal dressed in theme and added fun to her role. Linda Snalam as Evaluator for the odd number speakers of Table Topics provided good feedback and was also dressed in theme. Gary Wilson as Evaluator for the even number table topic speakers did a great job and really focused on his task this evening.



Michael Said, a drag-queen



Drag-on

John Nichols as Parliamentarian told us that Chairman 2, Kirisha

or

Thanapalasuntheram, had a difficult task to do. He said she used her personality and gave warmth to her role. She was inviting and facilitating and got us all involved. She took command – it's my club this is how I want it to run!

#### We then had a break for coffee and tea



Dragon coffee anyone?



or

howabout a Dragon cup-cake?

## 'Enter the Dragon' - more fire breathing action ...

**David King - Larfmaster.** David told us that he couldn't tell us a sexist, rude or racist joke so he joined them all together to give us a good joke. It was a bit of an oldie about a Scotsman, Englishman and an Irishman in a bar. They spotted a pile of money in the corner and asked the barman what it was for. The barman told them it was for the challenge of the bar which was to drink a bottle of tequila without spilling a drop, go out the back and take a thorn out of a lions paw and then go upstairs and make love to a 105 year old grandmother. They said they were all up for it, so the Englishman went first but couldn't drink all the tequila and collapsed, the Scotsman went second and got shredded by the lion, the Irishman went third and drank all the tequila, went out the back and everyone heard lots of thrashing about, roaring and rattling of the cage, eventually the Irishman came back into the bar and said 'there's that the lion sorted now where is the old lady with a thorn in her hand!'



The challenge

bottle of tequila

the lion

and the old lady

## Now for the speeches ...

**Cheryl Piper** as **Toastmaster**. Cheryl opened her role by telling us that a Dragon was a symbol of power, a doer and gets things done. Cheryl conducted her role this evening with her great charm, warmth and a sense of humour. Cheryl is always relaxed and confident and this showed through tonight. Well done Cheryl!



Dragons can have a sense of humour too!

## 'Enter the Dragon' - good conquering evil ..

**First Speaker – Mark Pankhurst** - his speech - "My Favourite Dragon". Mark told us it's the year of the Dragon and he doesn't know much about astrology so he'll tell us a story to do with St George and the Dragon. He said it's about getting the girl, bashing up the rival and conquering adversity. We all have these things in our lives. St George saved Christian's being thrown to the lions. It has a message, it's not just a fable. It's about overcoming evil. We get the meaning Mark, thank you for a great speech.



good overcoming evil

**Second Speaker – Nirish Shakya** - his speech - "Social Media Strategy". Nirish gave us a presentation about social media and what Toastmasters strategy was in this area. He told us that it's all about conversation and about empowering people, giving them a voice and connect to others. Toastmasters is about the same challenges. People these days are busy and young members are not always fully committed. Nirish told us he has missed many Toastmasters meetings as he ws too busy doing more interesting things – only kidding! he added. Nirish took us on an interesting journey of advertising through the media and told us that Toastmasters was going beyond 4 walls of a meeting room. We are using facebook, twitter and blogs to communicate and they are the beginning of our social tools. There would be a Club Twit to write a blog and he told us that Uncle Sam needs you! Well done Nirish, very informative.

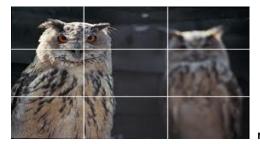


Toastmasters going beyond 4 walls, to a new frontier perhaps?

## 'Enter the Dragon' - the dragons wept over Simon's story ..

#### Third Speaker – Christine Pizzuti – her speech "Visual Language" this was

Christine's 10th speech from her Competent Communicator manual. Christine gave us a fantastic presentation, showing us lots of images. She told us that we see over 5000 images for adds every day, it was only 2000 per day a few years ago. Christine said that rule of thirds plays on our eyes, it give structure and makes us notice the image or picture. She said the rule of thirds is similar to that of Toastmasters teaching for speaking, to have an opening, body and ending in our speech. Rule of thirds plays an important part in photography. Wonderful speech Christine, very enjoyable.



rule of thirds

**Speaker Four - Wendy Nielsen** gave an off the cuff speech called "Double S Double A". Wendy has a wonderful confident and casual speaking flair about her which she used it to the best of ability this evening. Wendy told us about her new job for the Sporting Shooters of Australia. Wendy shared the fact that she doesn't eat red meat because of cruelty to animals and doesn't like loud noises so it was to everyone's surprise that she took a job with a Shooting organization! From her speech we learnt about the difficulties in obtaining a gun licence and how her organization helps to protect the environment, they have over 140,000 members right around Australia.





Wendy doesn't like loud noises or eat red meat

**Fifth Speaker – Simon Chhoeu** – this was Simon's 10<sup>th</sup> speech from his Competent Communicators manual, it has only taken Simon 11 years to get to this stage and we all welcomed him with his speech titled "Just to be born you are worthy". Simon filled us with emotion and tears as he took us through the beginning of his life. He set the scene by telling us about Cambodia during the Civil War in 1975 – it was horrific, the year zero was declared and Camobodian currency was abolished. The vision of a better country was not properly put into place and lots of people died. His family was forced to relocate to a country town, they lived with and befriended the Head Chief of the village. It was the Head Chief that helped save his mum's life after he was born. A true story from Simon who reached out and touched all of our hearts. Thank you for sharing your story with us!

## 'Enter the Dragon' - this is why dragon's keep coming back ...

**General Evaluator – Tom Woods.** Tom said there were no laughs from this Scotsman over the joke David King, as Larfmaster, told but he did notice others laughed in the room. Tom mentioned that throughout the speeches the lectern should have been brought back after the presentations. Other than that Tom enjoyed everyones role and told them they did a good job. Thanks Tom!



no laughs from this Scotsman!

**First Evaluator – Alicia Denis on Mark Pankhurst's speech.** Alicia said she loved Mark's speech which he gave in 3 parts. It had great elements to it. She thought he found the opening a bit challenging and gave him lots of suggestions to help. Fantastic evaluation Alicia.

Tom Wood's quipped he had an assignment for Alicia to write down her techniques and leave it on his desk before she leaves this evening!

**Second Evaluator – Ron Marriott on Nirish Shakya's speech.** Ron said Nirish had a simple theme throughout and used wording we could all understand. He said Nirish had fun putting his presentation together. Just 3 points of advice to Nirish, to move to the centre, to persuade us of his ideas not just inform us and to be aware of the time. Another great evaluation given by Ron!

Third Evaluator – Elizabeth Wilson on Christine Pizzuti's speech. Elizabeth is always a helpful evaluator, she gave Christine some great tips for future speeches. She told Christine not to give us brush offs and not to apologise to the audience. Christine is coming along in leaps and bounds and used data equipment well for her first time. The photos used were taken by Christine and were great!

**Fourth Evaluator – David Griffiths on Wendy Nielsen's speech.** Another excellent evaluator is David Griffiths who congratulated Wendy on her off the cuff speech. He said that once you get the basics right you can talk about anything. David said that Wendy had complete poise but was still a bit rigid in her stage movement.

**Fifth Evaluator – Sam Ekinci on Simon Chhoeu's speech.** Sam is a very strong evaluator and told us he had goose bumps up and down his body and noticed tears in the audience's eye throughout Simon's speech. He told Simon to become part of the story points to connect further with the audience. Ask questions, tell us to imagine if ... and sell the pain of his story. Another great evaluation from Sam.



Thank you evaluators, well done!

### 'Enter the Dragon' - all dragons are winners ....

Alicia Denis was our Grammarian for the evening, Suben Subenthiram our CL Evaluator and John Taylor our Timer – John told us we went way overtime tonight – oh well John we all had fun doing it! Thank you to Alicia, Suben and John for doing a brilliant job tonight!



### And The Winners were:

## Barbara Beverídge - Best Table Topíc Speaker

## Símon Chhoeu - Best Speech

### Alícia Denís - Best Evaluation

## Michael Said - Stirrers Spoon

(Christine Pizzuti wanted to give the stirrers spoon to Michael for kissing her on the cheek whilst she was doing the opening, however Kirisha Thanapalasuntheram had the task of giving the spoon out and gave it to Michael anyway!)



## 'Enter the Dragon' - all dragons are winners ....

**Sam Ekinci** then presented Competent Communicator Badges to Christine Pizzuti and Simon Chhoeu for completing their CC Manuals. Congratulations Christine and Simon – great work!



**Christine Pizzuti** 

and



Simon Chhoeu



Sam told us about a get together on Saturday 25<sup>th</sup> February 2012 at 4.00pm which will be hosted by Tom and Elaine Woods at their place, anyone interested in attending will need to bring a plate of goodies with them and contact Alicia Denis on aliciadenis@hotmail.com or mobile no: 0416 166 850.

Sam then invited our guests and toastmasters to stay at the club for a drink and a chat.



You are invited for a drink and a chat!

For those of you who couldn't attend -

You were very much missed, join us next time!



## See you soon!



# WHAT'S HAPPENING

#### **COMING EVENTS**

16 February 2012, is our next meeting date, the theme is "Love is in the Air", any member not attending please email Linda Snalam, VPE at <u>vpe@parramattatm.org.au</u> as soon as possible.

10 March 2012, Area 13 Evaluation and International Speech Contests at 12.00 noon, Parramatta Workers Club (Garden Terrace Room), 163-165 George Street (Cnr Purchase Street), Parramatta NSW. Come along and support our speakers at this event. If you want to attend please RSVP by 1<sup>st</sup> March 2012 and email Elizabeth Wilson at sec@westerngourmet.org.au.

#### PARRAMATTA TOASTMASTERS

Meet fortnightly on the 1<sup>st</sup> and 3<sup>rd</sup> Thursdays of each month, in the Linden Room of the Parramatta RSL, O'Connell St, Parramatta. 6pm for a 6.30 pm start. Dinner is available during the meeting. Guests and visits are always welcome. Come along and enjoy a great night of learning and entertainment.

#### **Enquiries/Correspondence:**

Send to: PO Box 632, PARRAMATTA NSW 2124 AUSTRALIA Email: info@parramatta.org.au