1 March 2012 District 70

Parra Natta



Toastmasters International "Where Leaders are made"

We are always very pleased to welcome our guests and encourage them to come back and see us again and for some to join our Speechcraft Course (for details see our website at <u>www.parramattatm.org.au</u> – Short Courses) and others to join our Toastmasters Club or one nearer to your home.

District 70

Parramatta Toastmasters

Special thank you this week goes to everyone who assists our club in one way or another, especially those who have contributed for a long time!



Tonights Theme: "A Sporting Chance"



Whatever your choice in sport is, you deserve A Sporting Chance and at Toastmasters that is what you get. You get a chance to learn and speak in a safe, friendly and social atmosphere. You are not made to feel embarrassed or self conscious, you are given encouragement all the way. Why not give yourself a sporting chance and join us today – for further information please see

Christine Pizzuti, our Sergeant at Arms banged the gavel to get everyone in their seats ready for a night of sporting chances.



Attention - get into your seats please!

Our President, **Sam Ekinci**, was somewhat confused tonight and asked us what our them for 1 March 2012 was? Everyone shouted out 'A Sporting Chance!' to which he replied he thought so but felt it was still our last meeting's theme of 'Love Is In The Air!' why? because we just recovered from 2 members conducting a marriage proposal at a recent club's meeting and now another 2 members have just got engaged. Sam asked if anyone here was still single to put your hand up, it was noted that Elizabeth Wilson had her hand up. I think she meant she was on her own some for the night and was obviously feeling a bit lonely. Cheer up Elizabeth you are amongst loving friends here!

Our friendship



We are all friends here!

Linda Snalam, our VPE, told us about a couple of changes. She managed to get others to fill missing toastmaster's roles at the last minute. The Toastmasters who took those roles on showed fantastic sportsmanship.



Teamwork all the way!

Welcome to our guests for Meeting No. 1200 <u>1 March 2012</u>

Kirsten Hooker – First time visitor and daughter of Barbara Beveridge
Daniel Tucker – Frequent visitor, member of Happy Hunters Hill and Concord West Toastmasters and fiancé of Lyndal Eager (congratulations!)

Esez Usta – First time visitor

Deren Usta – First time visitor and son of Esez Usta

Gabby Ord – Fourth time visitor to our club and current Speechcrafter

Norm Sparks – First time visitor

Myles Eusetio – First time visitor

Richard Atkin - First time visitor

Pam McDonald – First time visitor

Myles Eusetio – First time visitor

Pam McDonald – First time visitor

Tom Gagaru – First time visitor



Why don't you come along and enjoy a night at Parramatta Toastmasters. Where you can have a meal, relax and be entertained Plus you may even learn something along the way!

"A Sporting Chance" ... great sports people are encouraging to newbies

Sam Ekinci advised us that **Malkit Banwait** had joined Parramatta Toastmasters as a new member joining us from The Hills District.



Welcome to Malkit Banwait

We welcome all new Toastmasters to our group and extend our warmest and best wishes to all new comers –



Cartoons and images in this edition of the Parra Natta are provided via Google by Barbara Beveridge, VPPR.

> If you have any news or an article for the Parra Natta please email Barbara Beveridge, VPPR – vppr@parramattatm.org.au



A Sporting Chance" ... get into things, you may like them

Don't forget to bring your **Competent Leader's Manual** with you to all meetings; you may have a role that can be signed off on.

Remember to advise us if you can't attend a meeting, call or email the VPE, Linda Snalam - vpe@parramattatm.org.au.

Please read our Club's Minutes go to – http://www.parramattatm.org.au/introducting club.htm.

If you are interested in the Speechcraft Course run by Parramatta Toastmasters Club please go to – http://www.parramattatm.org.au/speechcraft.htm



Come along to a Speechcraft Course and learn from Toastmasters!

PLEASE EMAIL OR RING IF YOU CAN'T ATTEND A MEETING!

"A Sporting Chance" ... trying hard leads to achievement

Giving us a sporting chance was **Chairman 1 – Joan Abela**. Joan is very experienced Toastmasters and tonight she told us that at Toastmasters we get great opportunities. The sporting chance we get here is what we can take with us and keep for life.



Giving the **Welcome** tonight was **Wendy Nielsen**. Wendy's warmth and enthusiasm shone through as she welcomed our wonderful guests this evening, and as Joan Abela said, Wendy is a wonderful hostess. Go Wendy – you are a good sport.



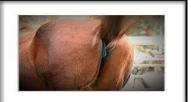


Useless Facts presented by **Mark Pankhurst.** Mark told us something about tongue twisters and a fear of long words. He said that there are 6,000 languages estimated around the world but the funny thing is they don't which language they all came from. A mutant gene is in all of us and that's why we have different languages. The English language is funny; there can be several meanings for the same spelt word. Ass is now a donkey and not to be confused with the other one! Great useless facts from a well research Mark.

Wendy Hostess with the Mostest



Ass is now a Donkey



not to confused with the other one!

Joan Abela mentioned that 50 years ago today she gave birth to her first child – don't think that was a useless fact Joan and Happy Birthday to your eldest!

and



"A Sporting Chance"...you do have a choice

David King gave his **Point of View** and mentioned that he had no choice with watching what was on TV due his household being full of women. He added that he does get a small percentage of viewing time and loves live sport, AFL, his beloved Manly and, of course, soccer. He mentioned that he doesn't live the gambling over live sport.



All girls in Dave's house (go Manly!)



Quick! which is the right remote it's my turn to watch TV

Tonight's **Movie Review** was given by **Peter Steinhour**. Peter has not long returned from a wonderful overseas trip to London and Europe. Peter told us whilst in England he went to see the movie, Hugo and he thoroughly recommends we see it. Hugo is about a young boy who has to live with his drunken Uncle as his parents died. Hugo loves machines and was working on one with his Dad before he died. Hugo continues to work on the machine but has to steal pieces for him to continue and gets into all sorts of trouble over his antics. A Policeman chases him and he falls in love along the way plus it does have a happy ending.



Go see Hugo, it's a great movie

Elaine Aviola did the the Inspirational. Her inspiration involved a basketball dispute which is now referred to as 'linsane'. Elaine told us about a New York Knicks player, Jeremy Lin and how we can all see a bit of ourselves in him. She told us 4 things to do – believe in yourself; be ready to seize an opportunity, just like Jeremy; be original, be yourself as there will never be another Michael Jordon or David Griffiths; and last but not least, stay humble just like Lin. Linsanity!





"A Sporting Chance"...persistence can pay off!

Toast for A Sporting Chance was given by **Malkit Banwait.** "Belief and persistence can achieve anything" said Malkit. He went on to tell us that Bjorn Borg won 5 times in a row and he has helped us to watch sports people. Malkit asked us to think about how sports people achieve their goals; they give us motivation to continue to achieve our own. Malkit also mentioned that he plays tennis and persists with it. Great Toast Malkit, welcome to Parramatta Toastmasters!



Bjorn Borg in action



Malkit persists with Tennis

Table Topics

Table Topic Master – Tom Woods.

Tom Woods said that in 2007 it was identified that children were found to be at risk of not getting full schooling. He was basing tonight's Table Topic questions around learning about sporting chances and provided us with lots of fun throughout his role tonight!



Tom Woods, a great sport!

1st Table Topic speaker tonight was Linda Snalam telling us how she would help Toastmasters complete their Competent Leadership Manuals. Linda got to the starting line bursting forth with information – she would put us on a rotational basis to get us through. Told us to bring the manual along with us everywhere as there is always a chance we will be called upon to do a task and we can complete our manuals quicker this way. Great ideas Linda!



Linda will take us to the finishing line!

"A Sporting Chance" ... chances are to be taken

2nd Table Topic speaker was **Daniel Tucker** with what sporting chances have you had to discover you're out of your league? Daniel told us in 1999 he went into the City to Surf Race. He mentioned that those who went in and enjoyed it half their luck, congratulations, as he found he was out of his league. He was cheered on to finish but believes half of the cheering was to get him to hurry up and finish! Poor Daniel then told us that he always has the same numbers for lotto and doesn't win that either. It's a sporting chance though! Don't worry Daniel you know what they say – unlucky in money lucky in love!



Come on Daniel you can do it!



No win on lotto using same numbers

3rdTable Topic Speaker tonight was **Peter Steinhour** ran right up to answer is there any room for gambling in sports? Peter said he loses his money all the time and would rather make a donation that gambling. He said he doesn't mind people having a flutter in sports but it can cause all sorts of problems if you become addicted. He has a mate who likes to watch the horses and gamble all day but Peter is not into it at all. He said yes there is room for gambling in sports.



Gambling addition is a problem



You may ask why does Peter get bored at the races?

4th **Table Topic Speaker – Ian Lipski** was in the race when he had to tell us about Bribery and Corruption in Sports. Ian told us about suspensions in place in footy sort of like a Kangaroo Court. Soccer hands out yellow or red cards to players. There is bribery and corruption about but it can be handled if things are done properly with fines and rules in place. The proper penalty can force an individual to change their behaviour.





"A Sporting Chance" ... try a new sport

5th Table Topic Speaker for this evening was Sam Ekinci. Sam played his cards close to his chest when he spoke about 'More corruption in sports, will it be right?' Sam has had experience in corruption from working as a former Police Officer. He feels there is corruption in sports. He said it was like Marijuana, should it be legalised? Bootleg alcohol is still about. Sport should be left pure, left for pure enjoyment. Sam reckons the corrupt ones in sport should be taken to prison; they will look after them at Silverwater.





Keep sports pure

Send 'em to jail

Jeevan Jayanathan was the 6th **Speaker**. Answering 'Have you ever been awarded man of the match?' Jeevan played hardball with this one telling us about the time he was a couch potato for 48 hours straight. He was watching his favourite TV shows and catching up on 'me' time! His brother even bought him a trophy for his achievement which is proudly displayed in their display cabinet.



Jeevan after 48 hrs of watching TV shows! and



Recovering with his trophy!

The **7th Speaker** tonight was **Ian Chick**. This one was right up Ian's alley – 'Do you suspect a fixing of awards in Toastmasters in years gone by?' You bet I did! He said and told us he'd thought about it for 11 years. He said the instigator of this corruption was not here tonight and revealed it was Michael Said. Michael has played around with the figures for years. Prior to the last 11 years Ian was not aware of it, but after Michael, he is very aware of it!





Michael fiddling the books

"A Sporting Chance" ... have a go!

Elizabeth Wilson was the 8th **Speaker**. Answering 'Medal to Toastmasters of the Year should we rename it The Gary Wilson Medal or The Steven Cox Medal?' Elizabeth dove straight into this one and said "Yes!" to The Gary Wilson Medal. Then, when he's dead and gone, you will be able to remember him. There will be one proviso in the use of his name in such a venture and that is they would need to subsidize Gary \$20,000.00 a year for the privilege! The money will be handy as they are going overseas soon. 'Yes' to the Gary Wilson Medal for \$20,000.00 a year!





Here's your \$20,000 Elizabeth! and The Gary Wilson Medal, in chocolate, something to remember him by!

Gabby Ord a current Speechcrafter was our 9th **Speaker**. Gabby joined in the running by giving her answer to 'Should We Give a Sporting Chance to Win Evaluations to visitors?' "Yes" she told us, visitors need a fighting chance to stand up here. Throw them into the deep end first! Visitors need to get up here and spread their wings. Gabby said it was a great experience. Well done Gabby, you're one gutsy lady.



Once you're up here, it's a great experience



Spread your wings!

The **10th Speaker** tonight was **Demian Coorey**. Damien skipped to the front for this one – 'With No Topic for Table Topics would you have a sporting Chance?' "Absolutely" said Demian, he's done it. Michael Said was annoyed with him for running to the front and not walking. Michael decided to bring him up as the 10th speaker and asked him 'What can you say as Marcel Marceau?' Demian spoilt his thunder and the skullduggery of Michael didn't work out as Demian won the Speaker award at Table Topics! He said Michael still bears the pain.





Demian as Marcel Marceau

"A Sporting Chance" ... you can be a winner

Be a winner become a member of Parramatta RSL Club. This helps our club out and is not just for Toastmasters but for our guests too.

Yearly membership is only \$5.50 for one year or \$16.50 for three years. The Club supports us by waiving room hire though CDSE. Members can also enjoy discount on purchases throughout the club and can use their card to attend Castle Hill RSL Club as well! Now that's value for your money!

Winners are good sports and send best wishes to Toastmasters who are sick



and think of fellow Toastmasters who have seriously ill family and friends or who have lost a dear one!

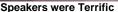


Love to everyone who's hurting out there, we really do care and are thinking of you!

"A Sporting Chance" - good sports always finish the race

Lyndal Eager was the evaluator for the odd number speakers tonight. Lyndal said that Linda Snalam was terrific. Mark Pankhurst was very relaxed, firm but confident. Sam Ekinci painted a great picture in his speech but was a bit over eager (especially about going to prison!). Ian Chick had a great stance and gave a good answer, Ian just needs to give more eye contact to the audience. Gabby Ord still in Speechcraft, was a strong speaker and stood her ground, Gabby needs to spread her wings more!







strong

and relaxed

David Griffiths was tonight's evaluator for the **even number speakers**. David pointed out that by not speaking to the full time allocated his speakers missed out on an opportunity or two. **Daniel Tucker** has an understated humour and knows how to let people laugh. **Ian Chick** ignored his time in getting up to answer but managed to form a clear idea of what he was going to say along the way. Ian also escaped from the stage very quickly. David told us to never leave an opportunity to finish your audient off! **Jeevan Jayanathan** has a great mischievous expression on his face; he needs to use imagery more in his speech. **Elizabeth Wilson** had a nice introduction with a twist, she has straight man (or woman!) humour, she too should use a bit more imagery. **Demian Coorey** had buckets of enthusiasm; he leapt out of his seat to speak. Demian could have used his voice to do characterisations. David thanked all of his star players this evening.



Toastmasters have humour,



know how to finish an audient off and



have mischievous faces!

Chairman 2 – Ron Marriott. Sam Ekinci asked Ron if he likes sport, Ron replied that he does, he watches it all! Ron handled the business session with ease and has lots of experience at controlling the rowdy bunch.



It's easy for Ron

"A Sporting Chance" - be in the running

Linda Snalam, VPE reminded us of the evaluation and international speech contest is on 10 March 2012 at the Parramatta Workers Club, Cost will be \$16.00 for lunch on the day with a 12 noon start, RSVP as soon as possible to Elizabeth Wilson by email: sec@westerngourmet.org.au.

The normal business session was ran with apologies from members not attending, we had a quorum and the VPPR, Barbara Beveridge announced she will be asking everyone for a contribution to the Parra Natta. Ian Chick handed out Club Quality Audit forms for everyone to complete. Joan Abela asked why he was doing this as it was done electronically, he responded by telling us that it should have all worked electronically by whizz banging but it didn't! Linda Snalam told us that on 20 February 2011, three Toastmasters joined Rotary and they were given a pictorial book on the history of Parramatta which they are donating to the Library. Linda also told us there was a change around of the next two meetings the next meeting will be the New Zealand theme - Across the Ditch. David Griffiths piped up and said that if that's the case then he will have to stop showering for the next meeting! Sam Ekinci told us that there are Assignment Guidelines on the website for the Club Tweet Role and for Evaluations of a Club Tweet Role. Alicia Denis gave a great thank you to Tom and Elaine Woods for the fantastic afternoon tea they hosted at their house last weekend, over 33 members and their families turned up. Robyn Peck told us to support our club and attend the Area 13 Contest.



David Griffiths will not be showering until after the next meeting



lan Chick's computer whizzing and banging!



Robyn Peck - come on support our Club!

"A Sporting Chance" ... jump into things

Elizabeth Wilson put forward the frivolous motion tonight "ParramattaToastmasters Club develop a loyalty program by: 1. Recording member attendance indicating whether payment is for meal and meeting or meeting only. 2. Rewarding members when they have accrued ten meal and meeting payments or meeting only payments. 3. That reward to be one free meal and meeting or meeting only whichever is applicable. 4. That this reward to be claimed within one month and 5. That this program to be administered by a Club Loyalty Officer to be appointed annually by the Parramatta Toastmasters Club President. Elizabeth said whereas many companies have loyalty programs to encourage frequent spending and whereas members who attend Parramatta Toastmasters regularly should be rewarded whereas as an incentive to encourage more regular attendance it be resolved that her motion be accepted. Lots of banter on this one with an Amendment to Point 4 by Cheryl be put forth which was met by "No". Needless to say that the motion was not voted for and Ron Marriot told us that we are a fun bunch!



Keeping Pace as our General Evaluator was Christine Pizzuti. Christine said that eventually people heard the gavel banging to tell them to get back in their seats for tonight's meeting. Seems like the Sergeant at Arms found us to be a rowdy bunch and not a fun bunch at all this evening! She said that Joan Abela knows how to speak up and made us know who was boss. Wendy Nielsen is the perfect hostess and did a top job of the welcome. Mark Pankhurst was indeed full of useless facts. David King used good transitions. Peter Steinhour did a great movie review. Elaine Aviola knew her subject. Malkit Banwait gave a very relevant toast. Tom Woods did a great job as Table Topic Master but needs to be a little bit louder and clearer – it's that Scottish accent Tom (Tom will ask what accent?). Lyndal Eager was very positive but went overtime in her role as Evaluator of the odd numbered speakers and David Griffiths was as sharp as a tack but also went overtime as the even numbered speaker's evaluator. Ron Marriot followed protocol but Ron mumbles his words!

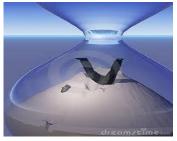


Is this Christine with the gavel? Is Tom's accent hard to understand? David, sharp as a tack! Ron mumbles!

"A Sporting Chance" - take a chance at sport

John Taylor was Parliamentarian. John told us he had spoken to Ron Marriott before the meeting about his role as Chairman 2. He did that to ensure that Ron doesn't do what he normally does. Ron handled his role really well tonight and did exactly what John hoped he would do. He didn't get drawn in to those who tried to get a touchdown! Ron told the executives to be succinct with their reports as they were running on overtime – funny how John was saying all of this when he actually got beeped off for running overtime himself! Oh karma, karma.







Did Ron do what he normally does?

John, running out of time!

Going for a touchdown!

We then had a well deserved break for coffee and tea



Ahh, needed that!

Wendy Nielsen was our **Larfmaster**. Wendy told us about 3 Toastmasters, Ian Chick, Tom Woods and Demian Coorey who went overseas chasing their favourite football team. Ian snuck in alcohol to Saudi Arabia. They all had a great time but got caught and went to prison to face the death penalty. They got a great legal team together and the Sheik let them off the death penalty. They were now up for 20 lashes each but as he was feeling really generous told them as it was his wife's birthday he would give them each a wish. Tom was asked what his wish was and said he wanted a pillow strapped to his back. After only 10 lashes he passed out and was taken away in a pitiful state. Next to make a wish was lan, he saw the state of poor Tom and asked for 2 pillows to be strapped to his back. He only lasted 15 lashes and limped away. Demian was next and he wished for 2 wishes, 1 for 100 lashes to own up to his responsibility and that he would like lan Chick to be strapped to his back!



The Sheik



I wish for lan Chick!

"A Sporting Chance" - give things a go Now for the speeches ...

John Nichols as Toastmaster. John is a very competent Toastmaster and knows how to introduce each speaker and make them feel at ease and very special. John handled his role with easy and savoir-faire!

First Speaker tonight was Selvi Jayaganesh – with her speech titled "Be Forgiven". Selvi told us that it is easy to be angry in an unpleasant situation and it was harder to have compassion. She said it was best to show compassion. She said she recently read 2 articles, one about a 9 year old girl living in USA in the hills. The girl took a candy bar from the pantry and her grandmother got furious at her. It was a hot day and her grandmother sent her for a 3 hour run up and down the hill without any water, which was her punishment. The girl died. In Australia many kids are killed by parents as an act of revenge against the partner as a result of divorce or separation. Recently a young child was stabbed to death as revenge. Instead of anger we need to show compassion and forgive others. By being forgiving we become relaxed and forgiving your enemy is the best thing you can do.



Be supportive



Be foraivina

Second Speaker was David Pasipanodya - his speech titled "I'm Unique". David said he was one of a kind, no one else has his fingerprints or DNA. He was produced as a very special person. He has magnificence and beauty that no one else has. You have a right to believe in yourself. To stand in awe of yourself and give thanks for your own magnificence and beauty. David feels driven to inspire others to do the same. He was searching for his own purpose to teach love and wisdom and that's what he does now. He told us to be the best we can be to help others. David gave a very inspirational speech and left everyone with a strong message.





Be yourself

you are

unique and magnificent

"A Sporting Chance" - swing on a swing, skip with a rope

Third Speaker – Barbara Beveridge – with her speech "A Personal Choice". Barbara told us about modern gizmo's and gadgets not being really necessary. She told two stories about a work colleague and a long standing personal friend. One lived to own modern devices, having all sorts of them and eagerly waiting for the next one to hit the market. The other person however, did not have any modern devices, lived life the old fashioned way and lived a stress free live. She was conveying the message that it was a personal choice whether or not we were into modern technology and needed it in our lives.



Gizmo's and gadgets



No mobile phones here!

Speaker Four - Robyn Peck with her speech called "The Speechcraft Project". Robyn told us about how she has done Speechcraft for many years. How we need to monitor and review things. She had the idea to treat Speechcraft as a 3 stage project. She said that 99.9% of Toastmasters join from the Speechcraft Course. Stop and have a look for changes turn Speechcraft into a project. Hold briefings, do brain storming sessions, the reason for this is to get bigger input and buy in by the members. Sometimes Speechcraft is left just a few members, we all need to get together and work as team and do it. No one can be too busy to help. She urged for better support for Christine Pizzuti, the Speechcraft Co-ordinator. She then had an open discussion and found that some Toastmasters really did have commitments that they couldn't be released from and were made to feel guilty. Robyn said it was intended to make any guilty, there are other ways of helping without being in attendance.



Teamwork leads to success



Lets all brainstorm!

"A Sporting Chance" - lets be a team player

General Evaluator – Christine Pizzuti. She said that the use of the gavel by the Sergeant of Arms was not a good sign and that it was not appropriate to signal out members to get them back into their seats everyone should behave better. Wendy Nielsen gave a fantastic joke using Toastmasters in it. John Nichols as Toastmaster had a clear voices which he rose to get our attention. She also mentioned that we should be up too early if we are doing a speech it takes it away from the other person's thunder!

Our 1st Evaluator – Jeeven Jayanathan for Selvi Jayaganesh. Jeeven said Selvi was positive before she spoke, she gave a specific purpose, to be forgiving. She just needs larger hand gestures to bring her speech together. Great evaluation Jeeven.



2nd Evaluator – Alicia Denis for David Pasipanodya. Alicia told us that David had a nice style and a paternal tone. He was not bombastic. He needs a clear objective and to be more specific. Great advice Alicia.



3rd Evaluator Suzanne Berkeley for Barbara Beveridge. Suzanne said Barbara drew everyone in at the beginning but her voice was too soft, she needed more variety. Suzanne recommended Barbara practice vocal exercises to project her voice. Suzanne seemed to think it was not one of her more humourous speeches. Not many commendations for Barbara's speech tonight.



Try hypnosis Barbara, it might improve your voice projection!

4th Evaluator – Demian Coorey for Robyn Peck. Demian told us that Robyn had something to sell which she did well, she didn't oversell it. She motivated the whole thing. She told us how we enlist helpers and pre empt concerns. Robyn showed respect to other concerned Toastmasters. Thank you Demian another great evaluation.



Enlisted helpers!

"A Sporting Chance" - thanks for participating

And The Winners were:

Elizabeth Wilson - Best Table Topic Speaker

David Pasipanodya – Best Speaker

Demian Coorey - Best Evaluator

Alicia Denis - Stirrers Spoon

Alicia won the Stirrers Spoon for interrupting asking if anyone had a panadol during the business session



Sam Ekinci hoped all our guests had enjoyed themselves and then invited everyone to stay for a drink and a chat.



Have a drink and a chat!

For those of you who couldn't attend tonight-

You were very much missed, join us next time!



See you soon!



COMING EVENTS

15 March 2012, is our next meeting date, the theme is "Across The Ditch", any member not attending please email Linda Snalam, VPE at <u>vpe@parramattatm.org.au</u> as soon as possible.

10 March 2012, Area 13 Evaluation and International Speech Contests at 12.00 noon, Parramatta Workers Club (Garden Terrace Room), 163-165 George Street (Cnr Purchase Street), Parramatta NSW. Come along and support our speakers at this event. If you want to attend please RSVP as soon as possible to email Elizabeth Wilson at sec@westerngourmet.org.au.

PARRAMATTA TOASTMASTERS

Meet fortnightly on the 1st and 3rd Thursdays of each month, in the Linden Room of the Parramatta RSL, O'Connell St, Parramatta. 6pm for a 6.30 pm start. Dinner is available during the meeting. Guests and visits are always welcome. Come along and enjoy a great night of learning and entertainment.

Enquiries/Correspondence:

Send to: PO Box 632, PARRAMATTA NSW 2124 AUSTRALIA Email: info@parramatta.org.au