

MEETING No : 1311

Theme : Advice to your teenage self

We had a fun night at the last meeting and heard a lot of advice that toastmasters would like to give to their teenage selves, most of them involved driving . Our President wanted to advice herself on practicing more of reverse parking while our secretary Karl Pereira wanted to advice his teenage self to read the book and pass his driving test on the first attempt. John New who always read books wanted to tell his teenage self to be more adventurous. The best advise was probably delivered by Mr Gary Wilson. He advised that life only gets better as you grow older and its the best after retirement. So win a lottery and retire by 25. Table topics by Andrew Iverson kept to the theme and we got to learn more about our fellow members and how they were as teenagers.

The Second half of the meeting proved to be a ladies night as all the speeches were presented by women. Cheryl Piper in her speech themed 'Time flies' mused if her teenage self would listen to her own advice. Wendy presented her Area contest winning speech 'Pinch of passon dash of Love'. Michelle Hunt inspired us all to do something about our ideas to write a book in her speech "Inspiring hope ". Vicki Sheehan won the best speech ,excerpts of which can be found in the next page.



Belinda Cella-Sartor won the best Table Topics for the night.

Probably the first time a visitor has won the ribbon. She is a speechcrafter and we hope she joins the Club.a

Tom woods won the best evaluator for the night.

Western Division International Speech and Evaluation contests

Congratulations to *Wendy Lipski* and *Ron Marriott* for their performance at the Western division contests. Wendy came second at the speech contest and Ron bagged the second prize at the Evaluation contest. Both of them were representing the Western Gourmet Club.

The speech Contest was won by Martin Rogers from Glenbrook and Jennifer David from Holroyd won the Evaluation contest. They will be representing western division at the District level.



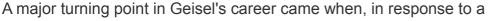
WENDY LIPSKI



Here is a part of Vicky Sheehan ribbon Winning speech "Things you can fix".

"You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose."

You may recognise this quote. It was written by an author Theodore Giesel. You may be thinking I am sure I have heard that quote before but who is Theodore Giesel. He is a well-known children's author, however if I include his middle name, Theodore Suess Giesal, you may recognise him by the pen name he used for 40 years **Dr Suess**. Dr suess wrote his first childrens book "And to think that I saw it on Mulberry Street". This was rejected 27 times by various publishers, until through a friend it was finally published in 1937, it got great reviews and the rest is history



1954*LIFE* magazine article that criticized children's reading levels, Random House asked him to write a children's primer using 220 vocabulary words. Up until this time, childrens primers in America consisted of the dick and Jane series.

Dr Suess thought these primers were insanely boring so he wrote Cat in the Hat. Children were excited to read cat in the hat to repeat the many words.

'look at me! look at me! look at me NOW!

it is fun to have fun but you have to know how.



Over the next several years, he would write many more books, in this new simplified vocabulary style. The cat in the Hat contains only 225 words. At this stage Suess's editor bet him that he couldn't write a book using 50 words or less. Not one to back down from a challenge Mr. Geisel started writing and came up with *Green Eggs and Ham* —which uses exactly 50 words.

His children's books were filled with outlandish characters and settings, all working toward the common goal of educating, entertaining, and enlightening children about the important values and lessons in life. They may have sounded frivolous but they weren't Not all his books were happy

Dad is sad.

Very, very sad, He had a bad day. What a day Dad had



As well as being fun and silly his witty tales and clever rhymes recounted some thought provoking messages. Long before going green was mainstream Dr Suess's Lorax spoke for the trees and warned of the dangers of disrespecting the environment. In this cautionary tale we learn of the Oce-ler who came across a valley of Truffula trees and how harvesting of these beautiful trees changed the landscape forever.

"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not.



Whats the BUZZzzzz

Robyn Peck conducted an educational inspired by an article in the Aug issue of the Toastmasters International Magazine. She demonstrated the technique of elciting answers from a group and compiling them to form solutions to some common issues faced by Toastmasters in general. Namely how to come up with new speech ideas, how to be confident during a presentation and how best to avoid memmory lapses. We had answers from seasoned Toastmasters aswell as newer club members. Below is a compilation of all the answers recived during the night.

WHAT'S THE BUZZ 1. HOW TO ELIMINATE MEMORY LAPSES 2. SPEECH IDEAS CONTROL YOUR FEARS J INTERNALIZE DON'T MEMORIZE V PERSONAL Do SPEECECRAFT V MAP THE KEY WORDS KEEP NOTES V NO GLUTEN NO BRAIN FOG. PREPARE BEG BARDOW No ALCOHOL USE ALCOHOL 1)SE ALCOHOL PERSONIAL STORY READ OBJECTIVES DEEP BREATH BREATH DEEPLY LIST ALL INTERESTS FAKE IT VISURLIZE STORY. BRAIN STORM DIVE IN ALEXANDER TECH AUDIENCE RELATED / LEARN TO LIVE WITH IT CHRONOLOWCAL OPDER BE COMFORTABLE AND LEARN STRONG POINT OF VIEW PAUSE, DON'T COMMENT HAIRCUT, GOOD SUIT ATTEND SPEECHCRAFF COLOUR CODE DRINK WATER NOT TOO MANY STOPIES LOOK BACK ON PHOTOS SKY DIJING PRACTICE TOPICAL SUBTECT BWER BXES RECOVERY TECHNIZOE DONT OVERTHINK

Quirky quotes

Robyn : What are some techniques to overcome memory lapses. Tom : I had a really good one but can't remember it now.

David : A good hair cut and new suit boosts my confidance. Tom : Well you need hair on your head for that.

Kareen : I had to teach my daughter to drive . Now both my daughter and I are challenged.

Demian wins the stirrors spoon two times in a row. Alicia : So now we have to start calling you Ron.



Mark your Calanders

17 March 2016: Special Meeting: Murder at the Juice Joint

This is the big one! A Night of Murder and Mystery at the Juice Joint. There's no set program for this meeting as events will unfold on the night. Come in Character. Arrive by 6.15pm @ Parramatta RSL Club, Linden Room.

19 March 2016 : Theme Social

we'll have a social evening where you can reprise your character role and reminisce at Woodsey's Wine & Whiskey Joint for a night of gambling, liquor and socialising. Come dressed for the party (roaring 20's character & costume from 17th would be perfect Where : 61 Antoine St, Rydalmere

24 March 2016: Theme: Save or spend?

7 April 2016: Theme: Renovation disasters