



THE PARRA-NATTA

PARRAMATTA TOASTMASTERS CLUB

Welcome to the July edition of the Parra-Natta where we revisit the highlights and club achievements that have occurred since June. We have had an exciting set of events over the last month with two great meetings, including our Change Over Dinner and our First Meeting of the new Toastmasters Year “Bring Back Summer”.

Parramatta Toastmasters Club
July Edition

Inside this issue

- Changeover Meeting 2
- First Meeting of the year 3
- Ideas for Table Topics 4

Upcoming Meeting Dates and Themes

- July 19:** I Scream You Scream We All Scream for Ice-cream (Table Topics Contest)
- August 2:** Raise A Glass
- August 16:** Big Brother Is Watching
- August 23:** Ride The Wind (Humorous Speech Contest)

PARRAMATTA CHANGEOVER DINNER

The 21st of June saw the auditorium at Parramatta RSL filled with pink and with friends! Cheryl Piper and her team: Sean Leise, Alicia Leise, Michael Said and Elizabeth Wilson had planned the occasion and it truly celebrated the theme “What friends are for”. Tom Woods and Vicki Sheehan hosted the night and Demian Coorey presented the fun and games!



We had three speeches on the night with District Champion and Guest Speaker Chris Pratt presenting his winning speech, Omar Ikhras presenting his Icebreaker and Christine Huynh presenting her last speech in the Competent Communicator Series. District 90 Champion Evaluator Martin Rogers and Rob Tibbertsma evaluated on the night. There were a number of individuals who were recognized for their efforts throughout the year and lots of cake and chocolate shared by all! Thank you to everyone who assisted on the night and to everyone who came to Parramatta to farewell our 2017-2018 Executive Team! The night ended with Shirley Childs who installed our new 2018-2019 Executive Team for the year. More pictures can be found on the next page and all the pictures can be found on our Facebook page.



HIGHLIGHTS FROM OUR 2018 CHANGEOVER MEETING



PRESIDENT'S AWARDS



Several awards were handed by our 2017-2018 President Elizabeth Wilson. These Awards include:

Ray Shina Timer's Award: Ron Marriot

Peter Poulson Award: Elizabeth Wilson

Outstanding Service Awards: John New (Outstanding ESO), Michael Said (Assistance to membership), Tom & Elaine Woods (Speechcraft), Gary Wilson (Webmaster), Cheryl Piper (Outstanding Service)

Encouragement Award: Rob Tibberstma

Toastmaster(s) of the Year: Alicia Leise, Sean Leise and Sam Fenton

PRESIDENT'S MESSAGE

DID YOU KNOW?

There are many ways to present table topics!!!

Look at the last page for a breakdown of each of the objectives as described by Gary Wilson:

1. FOLLOWING INSTRUCTIONS
2. READING ALOUD
3. LETS IMAGINE - FAMOUS PEOPLE
4. USING IMAGINATION WITH SIMPLE OBJECTS
5. TELEPHONE TOPICS
6. "MAN-IN-THE-STREET" INTERVIEWS
7. CEREMONIAL OCCASIONS
8. MIMING TOPICS
9. IMPROVISATION SKITS
10. TV TALK-SHOW INTERVIEWS

MESSAGE FROM OUR IMMEDIATE PAST PRESIDENT: ELIZABETH WILSON

Dear Members,

I cannot express how honoured I was last night at our Changeover. It was so wonderful thanks to the hard work of Cheryl, Alicia, Sean and Michael and of course by those who attended. The pink theme with butterflies was beautiful, Christine's chocolates delicious, Rob's slideshow very appropriate and added to the ambiance of the night. Sean's powerpoint kept us in touch and the cake was delicious. It was great to see those of you there who have not been to a meeting for a while. We miss you but understand you have other priorities at this time. Hope to see you at a meeting soon.

It was a special time for me as my "Italian family" were able to attend. We only see them once a year if we are lucky and to come with us to one of the happiest and most enjoyable nights of my life was so special. To those who attended, thank you for being so tolerant when having two nearly four year olds at the meeting.

I has given me great joy and happiness to have been your President this past twelve months. I believe it has strengthened me and empowered me with positiveness with which to keep me going.

MESSAGE FROM OUR PRESIDENT: MICHAEL FONG

Looking forward into the year, there are many projects on the horizon. We're looking to bring PTM into the digital age by utilising different technologies. We're also revamping the Speechcraft process to make registration more automated. The Executive and I aim to create a new and efficient Parramatta Toastmasters, but not lose sight of where we came from. I'm very excited about sharing these new changes with you in the year to come.

So to my fellow Toastmasters, my club, my family, trust in me to lead you through the next year and meet the challenges that lay ahead. Yes there will be obstacles and different pathways, but with your Executive working hard behind the scenes, we will overcome them.

As I and many before me have said, this club is a unique club and we have a strong history and tradition that we live by. I aim to uphold that tradition throughout the next year and make sure we keep kicking goals and reaching higher places.

Our First Meeting "Bring Back Summer"

Our First meeting themed "Bring Back Summer" definitely brought back memories of Summer!

Rosina Tombs started the meeting with a range of Summer-esque table topics which got the club thinking on their

toes! There were a range of

speeches on the night from

Karl Pereira who recounted

the fable about the Crocodile

and Monkey, Alicia Leise who

presented an amazing im-

promptu speech (as specified

in her assignment outline)

about "Sharenting", Deepsi-

ka Basnet who told us about her newly

acquired drivers licence and John New

and Cheryl Piper who spoke about their

what they have learnt in their roles and

accomplishments in Toastmasters!

The ribbon recipients of the meeting

#1377 were: Christine Huynh, Deepsika

Basnet and Sabesh Sitsabesan.



Here are 10 such types of table topics sessions. Some alternative ways of presentation are also given.

1. **FOLLOWING INSTRUCTIONS Objective** - To give instructions a. Drawing objects. Place a card on the lectern with a simple picture or word on it. The speaker has to describe the object, without using gestures or naming it, for everyone to draw on a piece of paper. At the end, members show what they have drawn or printed. b. Identifying descriptions. Place a picture from a magazine on the lectern. The speaker must describe it without saying what it is. Everyone writes their guess on a piece of paper.
2. **READING ALOUD Objective** - To practice reading on request, e.g. when acting as Secretary. Speakers to be asked to read in an impromptu manner. The session can use instructional material, poems, etc.
3. **LETS IMAGINE - FAMOUS PEOPLE Objective** - To use imagination Speakers to be asked to imagine they are famous people in the past coming back to life. They are to comment on life as they find it. (There are many variations possible to the Let's Imagine theme, such as speakers to be given "inventions" and asked to sell them to prospective buyers. See also five themes in Table Topics pamphlet 1315).
4. **USING IMAGINATION WITH SIMPLE OBJECTS Objective** - To use imagination Speakers to be given a simple object and asked to describe how many uses they can imagine for it, e.g. a piece of string, paper-clip, set of keys, etc.
5. **TELEPHONE TOPICS Objective**- To practise using a telephone Use a telephone handset or mobile phone. a. Speakers to be asked to carry on a conversation with an imaginary person to explain a situation, sell a product, etc. b. Using two telephones, conversations can be arranged between two speakers.
6. **"MAN-IN-THE-STREET" INTERVIEWS Objective** - Practise use of microphone a. Use a portable cassette recorder to conduct "man in the street" interviews. The interviews can be played back after the meeting. b. Alternatively, conduct interviews as members arrive at the meeting and play them back during topic session.
7. **CEREMONIAL OCCASIONS Objective** - Making formal speeches Use pairs of speakers for events, e.g. One speaker presents a gift and then a second responds or one says goodbye to a member moving interstate who then responds.
8. **MIMING TOPICS Objective** - To encourage use of gestures Use pairs of speakers. One speaker is asked to pretend he has lost his voice. He is given a piece of paper with a note asking him to convey a message or to find some information from the 2nd speaker.
9. **IMPROVISATION SKITS Objective** - Acting a part Use pairs of speakers. One speaker plays the role of a particular person. The second speaker has another role and is given a piece of paper defining the task that he has. The audience and first speaker do not know the task. e.g. First speaker is Editor of a local paper. The second speaker must persuade him to publish an article about Toastmasters.
10. **TV TALK-SHOW INTERVIEWS Objective** - To practise interviewing Use pairs of speakers sitting in chairs at front of the room. One speaker is the Host of a TV show. The other speaker is introduced in a role and has to be interviewed. The session is best when all interviews have a common theme, e.g. Use Guinness Book of Records and introduce each "guest" as the holder of a particular world record. FURTHER IDEAS See "Think Fast", the TI Table Topics handbook (Code 1315) and the Table Topics section of "Patterns in Programming" (Code 1314) for many other different ideas for presenting Table Topics. In Toastmasters, ingenuity in developing new Table Topics ideas is encouraged.

This information was taken from Seminar coordinated by Gary Wilson, DTM

2018-2019 Executive Team

President

Michael Fong

VP Education

Sam Fenton

VP Membership

Sabesh Sitsabesan

VP Public Relations

Christine Huynh

Secretary

Vicki Sheehan

Treasurer

Veronica Bayani

Sergeant-At-Arms

Vivek Singhal

Meeting on the 1st and 3rd Thursday of the month between 6:30pm and 9:30pm at Parramatta RSL

www.parramattatm.org.au

Club Mission

We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.