



THE PARRA-NATTA

PARRAMATTA TOASTMASTERS CLUB

THURSDAY 6 JULY 2017 - MEETING 1348

2016/2017 CHANGEVER DINNER

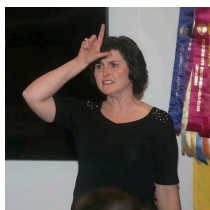
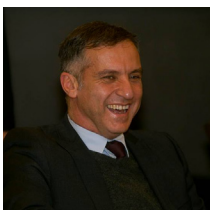
On the 22nd of June we celebrated our 2016/2017 changeover dinner. It was a fantastic night filled with great speeches, distinguished guests and plenty of achievements to applaud.

Amongst the great speakers of the night we had Rick Haynes DTM recognising the commitment and efforts of Michael Said as the outgoing District Director. We also had the pleasure of listening to Dale Rees-Bevan's District 90 competition winning

speech "Friends Behaving Badly". We wish her all the best in the upcoming 2017 International Speech contest semi-finals held in Canada.

On top of the great speeches we had an abundance of awards to celebrate and a special congratulations to the accomplishments of the outgoing executive team. They have achieved so much within the last 12 months as a team and for the Parramatta Toastmasters club as a whole.

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2016/2017 AWARDS

Throughout the last 12 months our club has gone above and beyond expectations. Well done to so many members contributing their time and effort as Toastmasters, speakers and leaders. May each achievement lead to more success in the future.



D90 TOASTMASTER OF THE YEAR

Congratulations to Demian Coorey who was awarded Toastmaster of the year for outstanding and continuous service within district 90.

PETER POULSON - BEST SPEECH

We have heard many great speeches over the past year however Gary Wilson's speech "Flushed With Success" was voted the best speech.

BEST SPEECH NOMINATIONS

- Karl Pereira - Sound Of Silence
- Elizabeth Wilson - A Woomera Wife
- Vicki Sheehan - The Word For 2017
- Anna Liu - To Be Brave, Not to Be Perfect
- Alicia Leise - Can You Handle The Truth?



TRIPLE CROWN

A Triple Crown is awarded to a Toastmaster who completes more than 3 education manuals within a year. Congratulations to all our members who achieved this prestigious award.

- Sean Leise (CC, CL, ALB)
- John New (CL, ACS, CL)
- Karl Pereira (ACB, CL, ALB)
- Michael Said (LDREXC, ALS, DTM, CC)
- Peter Steinhour (ACS, ALB, CL)

CLUB ATTENDANCE

- Karl Pereira, Tom Woods (100%)
- Michael Fong, Ron Marriott (90 – 99%)
- Vicky Sheehan, John New & Peter Steinhour (80 – 89%)



NEW MEMBERS

New members keep the club alive with fresh voices and eager minds. Let us welcome our newest Parramatta Toastmasters members.

- Michelle Demers
- Bijan Hassanzada
- Marc Cerrafon
- Tracey Lane
- Christine Huynh
- Deepsika Basnet
- Nas Ghafoor
- Sabesh Sitsabesan

LEADERSHIP HALL OF FAME



TOASTMASTER
OF THE YEAR

KARL PEREIRA



ENCOURAGEMENT
AWARD

TRACEY LANE



OUTSTANDING
SERVICE

TOM WOODS

CONTEST SPEECH AWARDS



INTERNATIONAL
SPEECH WINNER

ANU VIJAYAN

+ WON AREA CONTEST



HUMOROUS SPEECH
CONTEST WINNER

DAVID GRIFFITHS

+ WON DIVISION CONTEST



EVALUATION
CONTEST WINNER

VICKI SHEEHAN



TABLE TOPICS
CONTEST WINNER

DAVID GRIFFITHS

+ WON DIVISION CONTEST

PRESIDENTS ADDRESS



OUTGOING PRESIDENT
PETER STIENHOUR

I am truly honoured to have been the President of this fine club in the 50th year of its charter and I am proud to have served with this year's executive.

I would like to acknowledge your executive and tell you about our goals and achievements over the last 12 months. Our first goal as your executive is to ensure the club attains 10/10 for our Distinguished Club Programme. We officially attained this for 2016/17 and means our club is considered distinguished for over 10 consecutive years! Our second goal was based on the Triple Crown Award and your executive decided to attain at least 3 and a stretch goal of 5. We have 4 executive members achieving Triple Crown awards and have met our goal.

What an exciting time we have had and the next 12 months under our new executive looks to be just as wonderful!



INCOMING PRESIDENT
ELIZABETH WILSON

I joined Parramatta Toastmasters in 1991 and over my years in the club there has always been someone that wanted to be president or we wanted to be president. This year was a little different, and I was asked if I would stand for president and I said no. I believed there were plenty of other people who deserved the role and could do the role, but then I thought how selfish of me, I've got so much out of this club over the years and here I am refusing this opportunity. So I decided to man up, or woman up, and since doing that I've never been more excited and thrilled for the task ahead.

I really loved Peter's words when he said we have a very young executive coming on. Peter, you made my night. The executive I have are going to be great, even now without being asked they have been sharing ideas and thoughts, I'm so proud of them already and I know they are going to hold up the Parramatta standards, the standards that have been set over the years by the past presidents and in particular the standards set by the 2016/2017 executive team. The previous executive team have done a wonderful job and we should thank them for what they have done for Parramatta Toastmasters in the past 12 months.

I have a mantra, "Be the best that you can be" and that's what I hope we'll be over the next 12 months. We can't all be perfect, but we can be the best that we can be.

Most of you know I have cancer and you may not know when I might be rushed into hospital, but believe me if I can get a leave pass I will be here for the meetings and I will be the best president I can be and I know if anything happens to me and I fall down I have a lot of people behind me who will support me.

OUTGOING EXECUTIVE



PETER
PRESIDENT



MONIQUE
IMMEDIATE
PAST PRESIDENT



MICHAEL
VICE PRESIDENT
OF EDUCATION



SEAN
VICE PRESIDENT
OF MEMBERSHIP



ANDREW
VICE PRESIDENT OF
PUBLIC RELATIONS



KARL
TREASURER

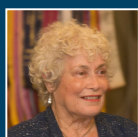


JOHN
SECRETARY



RON
SERGEANT
OF ARMS

INCOMING EXECUTIVE



ELIZABETH
PRESIDENT



PETER
IMMEDIATE
PAST PRESIDENT



SEAN
VICE PRESIDENT
OF EDUCATION



NICK
VICE PRESIDENT
OF MEMBERSHIP



MARC
VICE PRESIDENT OF
PUBLIC RELATIONS



CHRISTINE
TREASURER



SAM
SECRETARY



BEN
SERGEANT
OF ARMS

EDUCATIONAL TABLE TOPICS



With our table topics contest fast approaching lets brush up on our impromptu speaking skills.

Impromptu speaking can be a lot of fun and Table Topics Sessions are usually lively ones. Most Toastmasters can answer topics well and the tongue-tied are few in-number. New members have the most difficulty, as can be expected, but continuing members can also experience problems in giving effective answers on occasions. Too often they lose sight of the objective!

It is easy to allow Table Topics to become a time when a speaker rattles off a few ideas just as they come into his or her mind. But speakers cannot be said to be successful just because they fill the allotted time and have a good presentation.

The real criterion of success in impromptu speaking is the art of saying something specific & constructive on the spur of the moment.

Table Topics are designed to help us when we face situations where we have to persuade people with word power. And it is a fact that, whether dealing with colleagues or customers, the rewards in life go to those who can do so clearly, concisely and convincingly.

In Table Topics you will generally be asked to give your opinion on something, to comment on something or to recall an incident. In all cases, the answer should be treated as a mini-speech. To do this you need to plan your answer.

Here are three plans that can each be used to produce excellent results.

WHO, WHAT, WHEN, WHERE, WHY, HOW?

These are the words Rudyard Kipling called his six little servants. Take the subject and relate it to each of these questions in turn as you speak. Jump over one if an immediate thought doesn't occur to you. This is a great plan for new members who have difficulty getting started.

PAST, PRESENT, FUTURE

Discuss the topic from each of these three viewpoints in turn.

PREP METHOD

Point, Reason, Example, Point.

- Give a point of view about the subject in your opening statement.
- Back it with a reason explaining WHY you made the statement.
- Then follow with an example, anecdote or illustration.
- Conclude by restating your point, modified perhaps by the way your speech has developed in the middle.

Do these plans work? To be convinced, try them. Take a typical topic. For example, "What do you think of sport?" Stand and answer it NOW in your usual style. Then try an impromptu speech following each of the above plans in turn. You will be amazed at how much more effective a speech you can give.

The plans, of course, need to be practised like driving so that they become second nature to you. But if you master them you will become known as an effective communicator, someone who can be relied on to come up with the right idea, the right response, the right solution in any situation.

JULY 20th

CLUB MEETING & CONTEST

THEME - AMAZING STORIES

TABLE TOPICS CONTEST

JULY 25th

SPEECHCRAFT

6 WEEK COURSE AT ROWLAND
HASSALL SCHOOL, PARRAMATTA

AUGUST 23rd - 26th

86TH INTERNATIONAL CONVENTION

INTERNATIONAL SPEECH CONTEST
2017 WORLD FINALS

PARRAMATTA TOASTMASTERS

Our meetings are held on the 1st and 3rd Thursday of each month 6:30pm-9:30pm at Parramatta RSL