

# THE PARRANATTA

Parramatta Toastmasters Club

*"Helping people, help themselves, develop the skills,  
to help other people"*



February 2024 edition

January

## "NEW YEAR, NEW NARRATIVES"



Toastmasters kicked off the new year with a bang! After a heartwarming Christmas party in December, we were all excited to start a new year filled with new opportunities, growth, and endless possibilities

*Look at the incredible moments we've shared over the past two months in Toastmasters*



**Firstly let's give a round of applause to our talented participants  
in the January evaluation contest!**

After a fierce competition, we're thrilled to announce our well-deserved winners:

3rd place: Mandy Chiu

2nd place: Matthew Jay

And our grand winner is Vicki Sheehan!

Congratulations to all our winners for their outstanding performance and dedication!

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## January

WELCOME

January brought another exciting milestone for Toastmasters as we welcomed a new member, Marcha, into our club! Marcha successfully completed the Speechcraft course and is now officially a part of our Toastmasters family



## February

February was full of great meetings that lifted our spirits. We celebrated the Chinese Lunar New Year, the Year of the Dragon! We felt inspired as we honored the strength, power, and wisdom of this magnificent creature.

During our "Leap into Love" themed meeting, we felt warmth in our hearts as we talked about the power of love and kindness in communication. We shared stories, gave heartfelt speeches, and made meaningful connections that really showed what Toastmasters is all about.



## February

In February, our Toastmasters club experienced something truly remarkable beyond our regular meetings. Toastmasters Parramatta proudly took part in the Area 13 contests, featuring both the International Speech Contest and Evaluation Contest!

Here are the incredible winners:

### International Speech Contest Winners:

- 1st Place: Anu Vijayan
- 2nd Place: Rob Tibbertsma
- 3rd Place: Wendy Lipski

### Evaluation Contest Winners:

- 1st Place: Wendy Lipski
- 2nd Place: Vicki Sheehan
- 3rd Place: Marc Cerrafon

We extend our heartfelt congratulations to all participants and winners!



**February**

**Podcast by Anu Vijayan**

# **LEADERSHIP JOURNEYS**

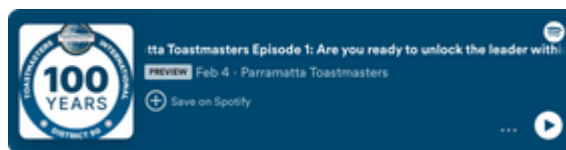
Exciting Launch Alert from Parramatta Toastmasters!

We're proud to introduce "Leadership Journeys," a podcast by Anu Vijayan. The first episode star is Gary Wilson OAM, PID, DTM, sharing his transformative journey with Toastmasters, leading to the prestigious Order of Australia Medal.

Gary offers deep insights into leadership, the impact of Toastmasters on his life, and the essence of embracing leadership roles. It's a masterclass in leadership packed with wisdom and inspiring tales.

Tune in to be inspired by Gary's journey and the powerful stories of Toastmasters leaders. "Leadership Journeys" is where wisdom meets inspiration.

<https://open.spotify.com/show/3AMARKwxRSNrjaocWAqQ3w?si=4a922536630d420b>



***Executive Team 2023-2024***

***President - Sabesh Sitsabesan***  
***Vice President Education - Christine Huynh***  
***Vice President Membership - Eoin Gubbins***  
***Vice President Public Relations - Natalia Bist***

***Secretary - Barbara Mifsud***  
***Treasurer - Robert Gubbins***  
***Sergeant-at-arms - Kevin Zhang***  
***Immediate Past President - Rob Tibbertsma***